



Preschool (3-5) First Day Checklist

What FBC Child Development Provides:

Cot Sheets	Cot sheets are changed, washed and provided weekly for your toddlers when they are in our care. You will be responsible for providing a blanket weekly. Blankets will be stored on cots and on Friday will be placed in the cubby to go home to be washed and return on Monday.
Naptime	Naptime for the school ranges from 12pm-2:30pm. We ask that children are not dropped off during that time so we don't interrupt rest time for the students in the classrooms.
Meals	Our School provides 3 meals a day. Breakfast, Lunch, and Snack. Menus will always be posted on the parent board at the entrance.
Meal Serving Times	Breakfast 8:30am-9:45am Lunch 11:30am-1:00pm Snack: 2:15pm-4:00pm Please check your child's schedule for their classroom eating time.
Daily Activity Report	We will provide you with a Daily Activity Report through our parent engagement app, telling you about your baby's day.
Pottyng	Bathrooms are located outside of the classroom. As your 3 yo get accustomed to our daily schedule they not inform us or get to the potty on time. Please make sure they are equipped with an extra change of clothes daily for unexpected pottyng accidents.

Important Reminder:



Complete Required Forms: You may have submitted these forms in advance. If not, the following forms are needed on the first day:

- Feeding Form
- USDA Application
- Shot Record
- Medical Report
- Medication Form (if applicable).

What to expect for your Preschooler

Social and Emotional	We will be working on building Friendship skills, self regulation, problem solving skills, along with emotional literacy.	
Family Engagements	We will provide monthly oppurtunities for you and your preschooler to interact with families at the center and the community. Join our FB page to keep with events.	
Clothing	Send your child with two or three outfits initially, sealed and labeled in a bag. We will send home any soiled clothes to be replaced as needed. Include socks in addition to different weather appropriate clothing. Your child will be spending time both indoors and outdoors, so they'll need to be comfortable all day. *Please remember they will get dirty*	
Handwashing upon Arrival	When your two year old come to school in the mornings, they will be directed to wash their hands. If you choose to help wash their hands you will need to the sink by the window in the classroom. The handsink by the entry door is for pottying only.	
Shoes	Each day, bring your preschooler in hard bottom closed toe shoes. They must have secure shoes on at all times. Sandals are allowed but the toes must be covered.	
Sunscreen Bugspray Precription medicine	If you are providing any creams,sprays, medicine for your child, you must fill out a medication form provided by CDC and store the labeled items in a sealable bag still in orginal container..	

Bags and Outside Food Reminder:

Bags:

We do not allow diaper bags in the classrooms. All items must be unpacked and should fit in their cubbies.

If you need to leave a bag please let the teacher know and you can lock it away in the lounge. The key will always be haning on the door. Place on shelf that states "Diaper Bags"

Outside Food:

Outside food is not allowed. You must throw it away upon arrival . That includes drinks from home. We will not be able to store the cup in the classroom.