

	Self	Family		Self	Family
Osteoarthritis			Ankylosing spondylitis		
Osteoporosis			Rheumatoid arthritis		
Fibromyalgia			Lupus		
Gout			Other Autoimmune		
Cancer			Thyroid		
Headaches			Kidney Disease		
Anemia			Heart problems		
Diabetes			Gastric Ulcer		
Lung Disease			Colitis		
Psoriasis			HTN		
Hepatitis			Tuberculosis		

Past Surgical I	History		
1		4	
2		5	
3		6	
Social History Smoking	Alcohol	Other substances	

Shade all areas with pain



Systems Review (please check):

Constitutional		
☐Recent weight gain	Gastrointestinal	
☐ Recent weight loss	□ Nausea/vomiting	
□Fatigue	☐ Vomiting of blood	Neurological
□Weakness	☐ Stomach pain	□Headaches
□Fever	□ Constipation	□Dizziness
☐ Night sweats	□ Diarrhea	□Fainting
-	☐Blood in stools	□Numbness and tingling
Eyes	☐ Heartburn/GERD	☐ Memory problems
□Dryness		* *
□Redness	Genitourinary	Psychiatric
☐ Loss of vision	☐ Painful urination	□ Excessive worries
□Blurry vision	☐ Blood in urine	□Anxiety
•	☐ Genital ulcers	□ Depression
Ear-Nose-Mouth-Throat	□ Vaginal dryness	☐ Sleep problems
☐ Dryness of mouth		
☐ Mouth sores	For females only	Endocrine
□Loss of taste	☐ Number of pregnancies	□ Excessive thirst
☐ Hoarseness of Voice	☐ Number of miscarriages	□ Thyroid problems
☐ Difficulty swallowing	☐ Children- how many?	•
□ Dry nose	·	Hematologic/Lymphatic
□ Nose sores		□ Swollen/tender glands
□Loss of smell	Musculoskeletal	□Anemia
□Nosebleeds	■ Morning stiffness	□ Bleeding problems
□Loss of hearing	Lasting how long?	-
☐Ringing in ears	Minutes Hours	
	☐ Muscle weakness	
Cardiovascular	□ Joint pain	
□ Chest pain	☐ Joint swelling	
☐ Irregular heartbeat	☐ Where?	
☐ High blood pressure		
☐ Heart murmur	Skin	
	□ Rash/hives	
Respiratory	□ Sun sensitivity	
☐ Shortness of breath	☐ Tightness of skin	
☐ Difficulty breathing at	□ Easy bruising	
night	□Nodules	
☐Swelling of leg or feet	☐ Hair loss	
□ Cough	☐ Color changes of hand	
☐ Coughing of blood	or feet in the cold	
□ Asthma/COPD		