## Fit To Serve

# David Zokaites July 2, 2024

#### Backdrop

- Political candidates (especially president) are getting much older
- Voters are not pleased
- Well-justified concerns about cognitive and physical health
- Some leaders are emotionally stuck far in the past

#### Voters Desire

- Healthy leaders
- Vibrant politicians
- Government that responds to a changing world
- Candidates who care and solve problems
- None of this is important to super rich donors and lobbyists

#### Common Recommendation

- Constitutional amendment or law
- No elected officials or appointed judges may serve past the age of 70
- Most but all people slow down by 70
- Approach seems discriminatory

#### Alternate Idea

- Annual physical and cognitive exam
- Also check before taking office
- For elected officials, appointed judges, and toplevel directors
- Screen for issues which reduce ability to lead: cognitive decline, cancer, terminal illness, cardiovascular disease, addiction, ...
- Forced publication of test results violates HIPPA (health privacy law)
- Furlough, fire, or retire people who don't pass

#### Recommendation

- Government should work for the people
- Setting a maximum age for leaders is a good idea
- A better approach is annual exams for all levels of government leaders, especially presidential

### Enjoy Wild Nature

